

| Time            | Activity Zone 1                    | Activity Zone 2                | Activity Zone 3                  |
|-----------------|------------------------------------|--------------------------------|----------------------------------|
| 10:00 - 10:45am | YMCA Victoria                      | Netball Victoria               | Recumbent and Specialised Cycles |
| 10:45 - 11:30am | Bowls Victoria                     | Corporate Basketball Challenge | Tennis Victoria                  |
| 11:30 - 12:15pm | Ice Sport Victoria                 |                                | Table Tennis Victoria            |
| 12:15 - 1:00pm  | Special Olympics/AA                |                                | Badminton Victoria               |
| 1:00 - 1:45pm   | Football Federation Victoria       |                                | Melbourne City FC                |
| 1:45 - 2:30pm   | World Disability Darts Association | Cycling Victoria               | Scope                            |
| 2:30 - 3:00pm   | Tri State Games                    |                                | Wheelchair Rugby                 |

## Exhibitor

## What's on Offer

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| Athletics Australia & Special Olympics    | Come and try running, jumping and throwing activities from our IAAF Kids' Athletics Program, one of the biggest grassroots development programs in world sports.                             |
| Badminton Victoria                        | Let our professional coaches and players take you through the basics of badminton and then enjoy a hit with your friends.  |
| Bowls Victoria                            | Various bowls activities   |
| Cycling Victoria                          | Come and try cycling under the guidance of Cycling Victoria staff  |
| Football Federation Victoria              | Come and visit our space, to give football a go - perhaps for the first time ever!   |
| Gymnastics Victoria (At their stand)      | Come and try gymnastics and have fun with our ribbons, streamers and obstacles   |
| Ice Sports Victoria                       | A unique opportunity to try curling and ca-rolling   |
| Melbourne City FC                         | Come and try blind football and walking football   |
| Multiple Sclerosis (At their stand)       | The bike with MS has been engineered to simulate some of the most common symptoms of multiple sclerosis. Its frame is imbalanced, its brakes numb to press, and its wheels heavily fatigued. |
| Netball                                   | Test your skills in shooting, passing and agility against Victoria's Independence Australia AA team captain, Sharee Marks.   |
| Recumbent & Specialised Cycles            | Come and try different trikes, ranging from a swing away boom hand cycle to more traditional foot powered sports trikes  |
| Scope                                     | Come and try wheelchair soccer with the support of Scope staff and volunteers  |
| Table Tennis Victoria                     | Come and try table tennis outdoors   |
| Tennis Victoria                           | Get Into Cardio Tennis is tennis, but not like you know it! Come and develop your tennis skills today in a fun and social setting off court.   |
| Tri State Games                           | Come and try shot put, quoits and bean bag throw   |
| Wheelchair Rugby                          | Come and try one of Australia's top Paralympic sports - wheelchair rugby   |
| World Disability Darts Association        | Aim for the bullseye on our regular dartboard, or hit the 20 on our satellite board  |
| Wheelchair Basketball Corporate Challenge | A round robin wheelchair basketball competition for festival partners and two regional wheelchair basketball teams   |
| YMCA Victoria                             | SPORTS SAMPLER: Try our different sports - AFL football, soccer, basketball and tennis, in a fun and friendly program led by the YMCA's recreation team                                      |