



Scoring the **Equaliser**

Towards better health for Victorians with disability through equal opportunities in community sport and recreation.

**FREE
EVENT**

MINI CONFERENCE PROGRAM

3rd December 2010

BMW Edge, Federation Square, Melbourne

Register online for this free event at:

<https://wsv.eventarc.com/1447>

- Auslan interpreters
- Numbers are strictly limited



Mini-Conference Program

- 9.30am **Doors Open, Registration and Networking**
- 10.00am **Welcome to Country**
Aunty Joy Wandin Murphy – The Senior Elder of the Wurundjeri People
- 10.10am **Official Welcome**
Rob Anderson, CEO Wheelchair Sports Victoria
Mini-Conference MC: Terry Laidler, Chair, Victorian Mental Health Reform Council
- 10.20am **Addressing Health Inequalities through Community Sport and Recreation in Victoria**
Todd Harper, CEO VicHealth
- 10.35am **Program Partnerships for Health**
Kristian Brudenell, Club Services Manager Gymnastics Victoria
“New Gym Faces in New Gym Places”
Gymnastics Victoria in partnership with Scope
- 10.45am **Sport and Disability: The equal opportunity and human rights legal framework in Victoria**
Karen Toohey, CEO Victorian Equal Opportunity and Human Rights Commission
- 11.00am **Sport Policy Change**
Russell Strobel, Vice President Victorian Darts Council
“Advocacy in Action: Influencing change for equity”
- 11.10am **Evidence-based Organisational Strategies**
Dr Nora Shields, Senior Lecturer La Trobe University School of Physiotherapy
“Same Same but Different: barriers and facilitators to participation in physical activity for children with disability in Victoria”
- 11.30am **Industry Partnerships for Structural Reform**
Hanna Phillips, Project Coordinator Action for Community Living
“The Inclusive Leisure Initiative: working towards more inclusive Leisure Centres for Victorians with disability”
- 11.40am Questions
- 12.00pm Mini-Conference Close

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MESSAGE FROM THE LORD MAYOR OF MELBOURNE

On behalf of the City of Melbourne, may I welcome you to the Scoring the Equaliser mini-conference.

Scoring the Equaliser provides an opportunity for health professionals and policy-makers to share research findings, and focus on equity and participation. This mini-conference is part of “Able and Active”, Melbourne’s inaugural Disability Sport and Recreation Festival.

The City of Melbourne is proud to support the festival. Events such as this encourage the whole community to get behind the festival’s aim of promoting equal opportunity for people with disability. The City of Melbourne has a number of support initiatives, including the Melbourne Mobility Centre, dedicated to improving access for everyone in the heart of Melbourne.

Many positive health outcomes flow from involvement in sport and recreation. We wish all participants a valuable conference, and a memorable festival.



Robert Doyle
Lord Mayor

Speaker Profiles



**Rob Anderson,
CEO Wheelchair Sports Victoria**

Rob Anderson has worked within the sports industry for over 20 years. He is a former CEO of the Australian Professional Footballers' Association, and former CEO of the AFL Umpires' Association. In addition to spending a further 10 years with the Australian Football League, Rob has worked and volunteered for community groups which focus on community health initiatives. Rob is the current CEO of Wheelchair Sports Victoria and Vice President of Eating Disorders Victoria.



Terry Laidler, Facilitator

Terry is an honorary senior fellow in the School of Population Health at the University of Melbourne and chairs the Victorian Mental Health Reform Council.

He has extensive experience as a forensic psychologist working in private practice, mainly in family law, child protection and criminal jurisdictions.

He worked as a policy advisor on health services to older people in the Victorian Health Department, before his role as presenter of the Late Night program on Radio 3UZ. He started with ABC Radio 3LO in Melbourne in 1991, and presented the Evening Program before moving to the 3LO Drive Program at the start of 1997.

Terry left the ABC after 10 years in 2000 for RMIT where he became Associate Professor of Communications at RMIT University's Centre for International Research on Communication and Information Technologies (CIRCIT). Since 2002 he has worked as a psychologist and communications consultant.

Terry's interest in the community is shown in the variety of his public appointments: he has chaired the Victorian Road Safety Co-ordinating Council and has consulted for the National Campaign Against Drug Abuse and the Victorian Community Council against Violence.

Speaker Profiles



Joy Wandin Murphy AO
Senior Aboriginal Elder
of the Wurundjeri People

Joy Wandin Murphy AO is the Senior Aboriginal Elder of the Wurundjeri People. Together with her much loved partner (dec.) they share seven adult children, ten adored grandchildren and one great grandchild.

In her role as an Elder, Joy has had the privilege to welcome many people that have visited her Fathers traditional country including many international guests.

Joy is an honorary Professor of Swinburne University of Technology, Chair of the Wilin Centre for Indigenous Cultural Arts and Development at the Victorian College of the Arts, Patron for The Black Arm Band, Patron for Onemda VicHealth Koorie Health Unit, Co-Patron for Keeping Koori Kids in Catholic Education and Patron for Parliament of World Religions. Joy is also an Ambassador for BreastScreen Victoria.

Joy was a former Commissioner of the Equal Opportunity Commission Victoria and a member of the Equal Opportunity/Anti Discrimination Tribunal, Council Trustee of the National Gallery of Victoria and a member of the Victoria Police Ethical Standards Committee.

Joy is a storyteller of dreamtime stories featured on the ABC and World Tales on SBS. In 2006 she was the creative artist for projects and lyricist for the Opening and Closing songs in the Commonwealth Games and Deaflympics. She performed at the Opening Ceremony of the FINA World Swimming Championships in Melbourne.



Karen Toohey,
CEO Victorian Equal Opportunity and Human
Rights Commission

Karen has worked in the human rights sector for 15 years. Karen has formal qualifications in marketing, computing science, behavioural science and law. After a career in marketing and IT in the private sector, Karen joined the Australian Human Rights Commission in Sydney. Karen left her senior executive role there in early 2010 to take up the position as CEO of the Victorian Equal Opportunity and Human Rights Commission from January 2010.

Speaker Profiles



**Kristian Brudenell,
Club Services Manager Gymnastics Victoria**

Kristian Brudenell is the Club Services Manager at Gymnastics Victoria and has a degree in Human Movement and a Masters in Sport Business. Kristian drives Gymnastics Victoria's inclusion agenda to strengthen the organisation's mission – Advancing a healthy Victoria, Gym Sports that are fun and accessible to all. He has previously been involved in a wide variety of sports in a mixture of capacities. Kristian works very closely with the 100 + affiliated Victorian gymnastics clubs addressing a variety of elements, with a particular focus on club development.



**Russell Strobel,
Vice President Victorian
Darts Council**

Russell commenced the campaign for equity in the sport of darts in 2006 with his submission "Wheelchairs and Darts – The case for board height adjustment" to the Darts Federation of Australia. In 2008 he became Vice President of the Victorian Darts Council and continued to develop dart programs for juniors and those with disability. In 2010 Russell designed and manufactured the Wildfire 137 Dart Frame, a unique piece of equipment which allows people using wheelchairs to compete equally with able-bodied players. Russell's 4 year campaign for recognition of an amended board height and modified equipment gained unanimous support from all State Delegates of the Darts Federation Australia on 23rd July 2010. This new sports policy now applies to all events up to national level and will now be put before the World Darts Federation for consideration globally.

Speaker Profiles



Todd Harper,
CEO VicHealth

Commencing as Chief Executive Officer of VicHealth in April 2007, Todd has 20 years experience in health promotion and illness prevention.

Prior to commencing at VicHealth he was Quit Victoria's Executive Director from 1999 to 2007. Under his leadership, Quit and the VicHealth Centre for Tobacco Control developed national and international recognition for their work on tobacco control.

Following a range of positions for Tasmania's Department of Health and Human Services, including community housing, Todd was Executive Director of the Tasmanian Council on AIDS and Related Diseases.

A former journalist, with degrees in economics, health promotion and health economics, he is a passionate advocate for improving the health of Australians.

Established by the Victorian Parliament as part of the Tobacco Act 1987, VicHealth works in partnership with organisations, communities and individuals to promote good health and prevent ill-health.

With research and evidence guiding programs, VicHealth invests in a range of activities in areas as diverse as sport and active recreation, mental health and wellbeing, the arts, education, planning and built environment, community and local government. These programs promote change in policy and practice that can influence people's ability to support healthy lifestyles.

Speaker Profiles



**Dr Nora Shields,
Senior Lecturer
La Trobe University**

Dr Nora Shields is a senior lecturer and postgraduate coordinator at the School of Physiotherapy, La Trobe University, Melbourne. Her current research focuses on physical activity for children with disability, in particular for children with Down syndrome and cerebral palsy. She has completed four randomised controlled trials on exercise programmes for people with disability, and is currently a chief investigator on a trial to investigate the effects of a community based progressive resistance training for young adults with Down syndrome. She is a co-author of two evidence-based clinical reports for the Australian Physiotherapy Association (APA) on exercise prescription. She has presented at several national and international conferences including the American Academy of Cerebral Palsy and Developmental Medicine and the World Congress of Physical Therapy.

In 2009 she received two awards from La Trobe University: one for excellence in teaching and the other for excellence in research. In 2010, her work was recognised at the Australasian Academy of Cerebral Palsy and Developmental Medicine Conference where she was awarded the Cerebral Palsy League Community Research Prize. Her research has been the basis for 32 peer-reviewed publications and 25 conference presentations. She regularly reviews articles for high quality peer-reviewed journals.

Speaker Profiles



**Hanna Phillips,
Project Coordinator Action
for Community Living**

Hanna Phillips is a Project Coordinator at Action for Community Living for the Inclusive Leisure Victoria department.

Hanna is legally blind, and began working on the VicHealth funded Inclusive Leisure Initiative in 2007. Hanna brings her own lived experience of disability and the belief that real change could be made in the lives of people with disabilities wanting to participate in physical activity at their local leisure centre, or any sporting aspirations of their choice.

Hanna enjoys playing team sports, and has participated in the Beyond Rowing pilot program for vision impaired people. She has also been rock climbing, abseiling and canyoning with Vision Australia in NSW. In her spare time, Hanna coordinates social tennis events for people of all abilities at the Clifton Hill Tennis Club.

Hanna hopes to carry on her work within the disability sector for many years, to continue to improve the lives of people with disability.

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